

LET MY PRAYER BE SET FORTH

English adaptations by Hieromonk Ephraim

Andante $\text{♩} = 76$

Plagal First Mode

Athonite Melody

Let my pray'r be set forth as in -

cense be - fore Thee; the lift - ing

up of my hands as an eve - ning

sac - - - ri - - - fice.

as an eve - - - ning sac - - - ri - - -

fice.

rit. >

Let My Prayer Be Set Forth

Plagal First Mode

Andante ♩=84

Traditional Melody

Let my pray'r be set forth as in - - - cense
be - fore Thee; the lift - ing up of
my hands as an eve - - - ning sac - - -
ri - - - fice. fice.

Πρέπει δὲ κατὰ τὸ ὑψηλὸν ἡμῶν πολίτευμα καὶ ὁ ὕμνος ἡμῶν
νὰ ἦναι ἀγγελικὸς καὶ οὐχὶ σαρκικός. Διότι τὸ
μεγαλοφώνως ψάλλειν εἶναι σύμβολον
τῆς νοερᾶς κραυγῆς.

-Ἁγίου Γρηγορίου τοῦ Σιναΐτου

Our psalmody should be angelic,
not unspiritual and secular. For to psalmodize
with clamour and a loud voice is a sign of inner turbulence.

-St. Gregory of Sinai

Let My Prayer Be Set Forth

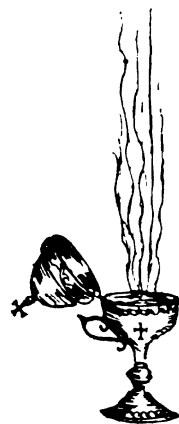
Fourth Mode
"Agia"

by Nileos Kamaradou (d. 1922)

Andante ♩=84

G E G F G

Let my pray'r_ be_ set_ forth_ as in - - cense be -
fore_ Thee; the_ lift - ing_ up_ of_ my_
hands_ as_ an_ eve - ning_ sac - ri - -
fice._ eve - ning_ sac - - - - - ri -
fice._ rit. G



Let My Prayer Be Set Forth

Plagal Second Mode

Andante ♩=80

Traditional Melody

Let my pray'r be set forth as
in - - - cense be - fore Thee; the lift - ing
up of my hands as an eve - - -
ning sac - - - ri - fice. fice.

RECITE THE WORDS OF PSALMODY AS YOUR VERY OWN,
THAT YOU MAY UTTER THE WORDS OF YOUR SUPPLICATION
WITH INSIGHT AND WITH DISCRIMINATING COMPUNCTION,
LIKE A MAN WHO TRULY UNDERSTANDS HIS WORK.

-st. ISAAC THE SYRIAN

Let My Prayer Be Set Forth

Grave Mode

Andante ♩=80

Traditional Melody

Let my pray'r be set forth as in - - -

cense be - fore Thee; the lift - ing up of

my hands as an eve - ning sac - - -

ri - fice. fice.

Intermediate Ending | Finale

rit. >



The Prophet David Praying

Let My Prayer Be Set Forth

Plagal Second Mode Long Version

Ancient Melody

Andante $\text{♩} = 84$

Un. D

Let my pray'r be set forth as in - - - - - cense be - fore Thee; the lift - - - - - ing up of my hands as an eve - - - - - ning sac - - - - - ri - - - - - fice. - - - - - fice.

Intermediate Ending Un. | Finale rit. C D