February
The Forefeast of the Meeting in the Temple

February 1

Apolytikion

First Mode
"The soldiers standing guard"

The Heavens’ choir looked down from the vaults of the Heavens, and gazing on the earth, they beheld with amazement the First-born of all creation brought forth as a suckling babe to
Temple by a pure and virginal mother;
and with us, they now do sing a hymn for the Fore-feast, astonished and full of awe.

A psalm consoles the sad, restrains the joyful, tempers the angry, refreshes the poor and chides the rich man to know himself.
To absolutely all who take it, the psalm offers an appropriate medicine; nor does it despise the sinner, but presses upon him the wholesome remedy of penitential tears.

- St. Niceta of Remesiana
The Forefeast of the Meeting in the Temple

February 1

Konatakion

Intonation: #8

Fourth Mode

"On this day Thou hast appeared"

Ἐν ἀγκάλαις δέξασθαι

On this day doth Simeon receive with gladness God, the Giver of the Law; and he doth cry to Him in fear: Let me depart now, O Master Christ, for I have seen Thee,
February 1 - Forefeast of the Meeting in the Temple

the Glory of Israel.
The Holy Martyr
Trypho

February 1

Apolytikion

Intonation: #10
"Be quick to anticipate"

Thy Martyr, O Lord, in his courageous contest for Thee received as the prize the crown of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the
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de-mons' strength-less pre-sump-tion. O Christ God, by his

prayers, save our souls, since Thou art mer-ci-ful.

SAINT TRYPHO
The Holy Martyrs Perpetua
and Felicity of Carthage
and those with them

February 1

Apolytikion

Intonation: #8

Third Mode
"Thy confession"

Let us ven - er - ate the ho - ly Mar - tyrs, Saints Per -
pet - u - a and Sa - tur - ni - nus, with Se - cund - u -
lus and bless - ed Fe - lic - i - ty, who shed their
blood for our Lord_ with Saint Sa - tu - rus and Rev - o -

www.stanthonyssmonastery.org/music/Menaion.htm
ca-tus, with whom they are crowned on high. Therefore hav-ing found much bold-ness and grace to pray for all, they ev-er ask the Lord God that He save our souls.
Saint Brigid of Kildare

February 1

Apolytikion

Intonation: #10

Fourth Mode

Allegro \( \frac{1}{4} 150 \)

Having learned of things divine by the words of Patrick,

thou hast proclaimed in the West the good tidings of Christ.

Wherefore, we venerate thee, O Brigid, and entreat thee

to intercede with God that our souls be saved.

www.stanthonyssmonastery.org/music/Menaion.htm
The Meeting of Our Lord Jesus Christ in the Temple

February 2

Apolytikion

Intonation: #1  First Mode

Re-joice, thou who art full of grace, O Virgin The-to-

kos, for from thee hath risen the Sun of Righteousness,

Christ our God, enlightening those in darkness.

Re-joice thou also, O righteous Elder, as
thou receivest in thine arms the Redeemer of our souls, Who also granteth unto us the Resurrection.

Final Cadence:

The psalms ought not to be sung one after the other in the assemblies, but a reading should be interpolated after each psalm.

- Canon XVII of the Council of Laodicea
The Meeting of Our Lord Jesus Christ in the Temple

February 2

Kontakion

Intonation: #1
First Mode

Allegro \( \text{\textcyrc}\) 150

Thou Who didst sanctify the Virgin's womb by Thy birth, and
didst bless Symeon's hands as was meet, by anticipation hast even now saved us, O Christ God. But grant peace in the midst of wars unto Thy common-
wealth and strengthen the hierarchs, whom Thou hast loved, O

only Friend of man.
Saint Nicholas
the Enlightener of Japan

February 3

Apolytikion

Intonation: #10
Fourth Mode

Allegro

O holy Saint Nicholas, the Enlightener of Japan, thou dost share the dignity and the throne of the Apostles: thou art a wise and faithful servant of Christ, a temple chosen by the Divine Spirit,
a vessel overflowing with the love of Christ. O

ingar e qual to the A pos tles, pray to the

gle ing Trin i ty, for all thy flock and for the

whole world.
Saint Isidore
of Mount Pelusium

February 4

Apolytikion

Intonation: #25
Plagal Fourth Mode

In thee the image was preserved with exactness,

O Father; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to other

never look the flesh, for it passeth away, but

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to attend the soul since it is immortal. Therefore, O righteous Isidore, thy spirit rejoiceth with the Angels.
The Holy Martyr Agatha

February 5

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

!’ hımnäs søv 'Ihsou'

Intonation: #19

Allegro ∏ 150

O Lord Jesus, unto Thee Thy lamb doth cry with a great voice: O my Bridegroom, Thee I love; and seeking Thee, I now contest, and with Thy baptism am crucified and buried. I suffer
for_ Thy sake, that I may reign_ with_ Thee;

for_ Thy_ sake_ I die, that I may live_

in_ Thee: accept me offered out of longing to

Thee as a spotless sacrifice. Lord,

save_ our souls_ through her intercessions, since

Thou art great_ in mercy.
Saint Bucolus
Bishop of Smyrna

February 6

Apolytikion

Fourth Mode

Intonation: #10

Allegro ♩=150

The truth of things hath revealed thee to thy flock as a rule

of faith, an icon of meekness, and a teacher of

temperance; for this cause thou hast achieved the heights by humility, riches by poverty. O

www.stanthonyssmonastery.org/music/Menaion.htm
One who jubilates [jubilat] does not speak words, but it is rather a sort of sound of joy without words, since it is the voice of a soul poured out in joy and expressing, as best it can, the feeling, though not grasping the sense. A man delighting in his joy, from some words which cannot be spoken or understood, bursts forth in a certain voice of exultation without words, so that it seems he does indeed rejoice with his own voice, but as if, because filled with too much joy, he cannot explain in words what it is in which he delights. You observe this even in those who sing improperly. Now our jubilation will not be such as theirs, for we ought to jubilate in justification, while they jubilate in iniquity; we, then, in confession, they in confusion. Yet that you might understand what I say, call to mind what you well know, that it is especially those who perform some task in the fields who jubilate. Mowers and vintagers and those who gather other products, happy in the abundance of harvest and gladdened by the very richness and fecundity of the earth, sing in joy. And between the songs which they express in words, they insert certain sounds without words in the elevation of an exultant spirit, and this is called jubilation.

- Blessed Augustine
Saints Barsanuphius
and John of Gaza

February 6

Apolytikion

First Mode

"While Gabriel was saying"

Intonation: #1

Alegro \( \frac{3}{4} \) 150

Di-vine and tune-ful harps of the Ho-ly Spir-it's mys-
t'ries, sound-ing forth sweet hymns of dis-cern-ment which soothe all

those in sor-rows: ye moved, men to cast off pas-sion's

yoke and tram-ple up-on Sa-tan's loath-some head.
Wherefore, God-like Barsanuphius and wise John,
deliver us who now cry out: Glory to Him that hath given you grace. Glory to Him that hath blessed you. Glory to Him that hath saved many through your sacred words of counsel.
Saint Photius the Great
Patriarch of Constantinople

February 6

Apolytikion

Intonation: #13

Plagal First Mode
"Let us worship the Word"

As a radiant beacon of wisdom hid in God, and

a defender of Orthodoxy revealed from on high, O great Photius, blest adornment of the patriarchs, thou didst refute the innovations of

www.stanthonymonastery.org/music/Menaion.htm
boastful heresy, O light of the holy church -

es, which do thou keep from all error, O luminary of the Dayspring on high.

SAINT PHOTIUS THE GREAT
Saints Parthenius Bishop of Lampsacus
and Luke of Mount Stirion

February 7

Apolytikion

Intonation: #10
Fourth Mode

Allegro

\[ \text{O God of our Fathers, ever dealing with us according} \]

\[ \text{to Thy gentleness: take not Thy mercy from us,} \]

\[ \text{but by their entreaties guide our life in peace.} \]
The Holy Great Martyr
Theodore the Commander

February 8

Apolytikion

Intonation: #10

Fourth Mode
"Thou Who wast raised up"

Theo - dore. With the weap - on - ry of faith didst thou
arm thyself wisely and didst utterly destroy all the hordes of the demons, as a triumphant athlete of the Lord; therefore we ever do faithfully call thee blest.
The Holy Prophet Zacharias

February 8

Apolytikion

Second Mode

Intonation: #4

As we celebrate the memory of Thy Holy Prophet Zacharias, O Lord, through him we beseech Thee to save our souls.

www.stanthonyssmonastery.org/music/Menaion.htm
The Holy Martyr
Nicephorus

February 9

Apolytikion

Intonation: #10

"Be quick to anticipate"

Thy Martyr, O Lord, in his courageous contest for Thee received as the prize the crown of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the

www.stanthonyssmonastery.org/music/Menaion.htm
We must think of what we sing rather than allow our mind, seized by extraneous thoughts as is often the case, to lose the fruit of our labor. One must sing with a manner and melody befitting holy religion; it must not proclaim theatrical distress but rather exhibit Christian simplicity in its very musical movement; it must not remind one of anything theatrical, but rather create compunction in the listeners.

- St. Niceta of Remesiana
The Holy Hieromartyr
Haralampus

February 10

Apolytikion

Fourth Mode
"Be quick to anticipate"

Ως στύλος ἀκλόνητος

An unshaken pillar of the Church of Christ God art thou,
an ever-re-splendent lamp, O Haralampus most wise, which

shineth throughout the earth; in martyric contest

thou hast shined on the whole world, and thou hast dispelled the

www.stanthonymonastery.org/music/Menaion.htm
moonless night of the idols. Now boldly intercede thou with Christ that we may all be saved.
The Holy Hieromartyr Haralampus

February 10

Kontakion

Intonation: #8

"On this day Thou hast appeared"

Ως φωτήρ ἄνετειλας

Thou didst rise up in the East, a luminar-y that enlightened faith-ful

men with thy bright shafts of miracles, O Haralar - lam-pus; hence we revere thy god-ly con-test,
The virtue of silence, especially in church, is very great. . .

Is anything more unbecoming than the divine words should be so drowned by talking, as not to be heard, believed, or made known, that the sacraments should be indistinctly heard through the sound of voices, that prayer should be hindered when offered for the salvation of all?...

- St. Ambrose of Milan
The Holy Hieromartyr Blaise

February 11

Apolytikion

Fourth Mode

As a sharer of the ways and a successor to the throne of the Apostles, O inspired of God, thou foundest discipline to be a means of ascent to divine vision. Wherefore, having rightly divided

www.stanthonymonastery.org/music/Menaion.htm
ed the word of truth, thou didst also contest for the

Faith even unto blood, O Hieromartyr Blaise.

Intercede with Christ our God that our souls be saved.
As a right worthy name-sake of gifts bestowed of God, and a divinely wrought image of holy wisdom and faith, thou didst make the Church to shine with godly piety; for thou didst demonstrate to all that the
Saints in every age have shown honour to the icons, O Theodora, thou righteous and fair adornment of the Orthodox.
Allegro

The truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty.
Father and Hierarch Melietius, intercede with Christ God that our souls be saved.

Saint Meletius of Antioch
Saint Martinian of Palestine

February 13

Apolytikion

Intonation: #25

Plagal Fourth Mode

Allegro \( \frac{\text{L.}}{150} \)

\[ \text{C} \]

Thou didst quench the flame of temptation with the streams of thy tears, O blessed Martinian; and having checked the waves of the sea and the attacks of wild beasts, thou didst cry out: Most glorious art

www.stanthonyssmonastery.org/music/Menaion.htm
Thou, O Almighty One, Who hast saved me from fire

and pest.
Saint Symeon
the Myrrh-streamer

February 13

Apolytikion

Intonation: #8

Third Mode

Allegro \( \frac{4}{4} \) 150

Il-lu-mined by di-vine grace, e-ven af-ter death thou
dost make man-i-fest the ra-diance of thy life; for thou
pour-est forth fra-grant myrrh for them that have re-course
to the shrine of thy re-lics. Thou didst al-so

www.stanthonymonastery.org/music/Menaion.htm
guide thy people to the light of the knowledge of God. O our Father Symeon, entreat Christ that we be granted great mercy.

February 13 - St. Symeon the Myrrh-streamer
Saint Auxentius

February 14

Apolytikion

Intonation: #1
First Mode

Allegro \( \frac{3}{4} \) 150

\[ D \]

Thou didst prove to be a citizen of the desert, an angel in the flesh, and a wonder-worker,

O Auxentius, our God-bearing Father.

By fasting, vigil, and prayer thou didst obtain
heavenly gifts, and thou healest the sick

and the souls of them that have recourse to thee with faith.

Glory to Him that hath given thee strength.

Glory to Him that hath crowned thee. Glory to Him that worketh healings for all through thee.
The Holy Apostle Onesimus

February 15

Apolytikion

Third Mode

O holy Apostle Onesimus, intercede with the merciful God that He grant unto our souls forgiveness of offenses.
The Holy Martyr Pamphilus
and Those With Him

February 16

Apolytikion

Intonation: #10
"Be quick to anticipate"

Thy Martyrs, O Lord, in their courageous contest for Thee
received as the prize the crowns of incorruption and life from
Thee, our immortal God. For since they possessed Thy
strength, they cast down the tyrants and wholly destroyed the

www.stanthonyssmonastery.org/music/Menaion.htm
de-mons' strength-less pre-sup-pon-tion. O Christ God, by their
prayers, save our souls, since Thou art mer-ci-ful.
The Holy Great Martyr
Theodore the Tyro

February 17

Apolytikion

Second Mode

Megάλα τά τῆς πίστεως

Great are the achievements of faith! In the fountain of flame, as by the water of rest, the holy Martyr Theodore rejoiced; for having been made a whole-burnt offering in the fire, he was offered as sweet bread unto the
Trinity. By his prayers, O Christ God, save our souls.
Saint Hermogenes
Patriarch of Moscow

February 17

Apolytikion

Intonation: #10
Fourth Mode

Allegro \( \frac{1}{2} \text{-} 150 \)

O first hier-arch of the Russian land and un-sleep-ing man of

prayer for her, hav-ing laid down thy life for the Faith of

Christ and for thy flock, thou didst make firm the do-min-ion

of its sov-reigns and didst de-liv-er thy coun-try from

www.stanthonysmonastery.org/music/Menaion.htm
Many times, as I offer praise,
I am found committing sin; for with my tongue
I pronounce songs of praise, yet in my soul I think unseemly things;
but do Thou correct them both through repentance,
O Christ God, and save me.

- Aposticha of the Praises
Third Mode, Monday morning
Let us praise our protector, the godly Nicholas; as one endowed with blest virtue, he shone forth as a true priest of the Most High God, and was His fervent worshipper. For, by his holy life on earth, he hath...
left us most sublime, divine and un-failing teachings of long-suffering, meekness, patience, unfeigned humility and God-like love.
The truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty. O
Father and Hierarch Leo, intercede with

Christ God that our souls be saved.
The Holy Apostle Archippus

February 19

Apolytikion

Third Mode

Intonation: #8

Allegro  \*150

O holy Apostle Archippus, intercede with the merciful God that He grant unto our souls forgiveness of offences.

www.stanthonyssmonastery.org/music/Menaion.htm
Saint Philothei of Athens

February 19

Apolytikon

Intonation: #13
Plagal First Mode
"Let us worship the Word"

Allegro \( \frac{4}{4} \)

The famed city of Athens doth honour Philothei, the Right-eous Martyr, whose relics it now revereth with joy; for while living in sobriety and holiness, she hath exchanged all earthly things for the

www.stanthonyssmonastery.org/music/Menaion.htm
A. ever lasting life through great contests as a Martyr; and she entreateth the Saviour to grant His mercy unto all of us.

SAINT PHILOTHEI
The truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty. O

Saint Leo
Bishop of Catania in Sicily

February 20

Apolytikion

Fourth Mode

Intonation: #10

Kanόνα πίστεως

www.stanthonysonastery.org/music/Menaion.htm
Fa-ther and Hier-arch Le-o, in-ter-cede with

G

Christ God that our souls be saved.

O the wise invention of the teacher who contrives that in our singing we learn what is profitable, and that thereby doctrine is somehow more deeply impressed upon our souls! What is learned under duress tends not to be retained, but what suavely ingratiates itself somehow adibes within our souls more steadfastly.

- St. Basil the Great
Saints Timothy of Symbola and Eustathius Bishop of Antioch the Great

February 21

Apolytikion

Intonation: #10

Fourth Mode

Alegro \textfrac{\textdagger}{\textdagger} 160

O God of our Fathers, ever dealing with us according to Thy gentleness: take not Thy mercy from us,

but by their entreaties guide our life in peace.

www.stanthonyssmonastery.org/music/Menaion.htm
The Finding of the Precious Relics of the Holy Martyrs in the Quarter of Eugenius

February 22

Apolytikion

Intonation: #10

"Be quick to anticipate"

Oι μάρτυρες σου Κύριε

Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the
E Un.

To recite the psalms with melody is not done from a desire for pleasing sound, but it is a manifestation of harmony among the thoughts of the soul. And melodious reading is a sign of the well-ordered and tranquil condition of the mind.

- St. Athansius the Great
The Holy Hieromartyr Polycarp
Bishop of Smyrna

February 23

Apolytikion

Fourth Mode

As a shar'er of the ways and a successor to the throne of the Apostles, O inspired of God, thou foundest discipline to be a means of ascent to divine vision. Wherefore, having rightly divided...
ed the word of truth, thou didst also contest for the Faith
even unto blood, O Hieromartyr Polycarp.

Intercede with Christ our God that our souls be saved.

SAINT POLYCARP
The First and Second Finding of the Venerable Head of the Forerunner

February 24

Apolytikion

Intonation: #10

Fourth Mode

"Be quick to anticipate"

The Forerunner's sacred head, having dawned forth from the earth,

doth send incorruption's rays unto the faithful, whereby they

find healings of their ills. From on high he gathereth the choirs of the Angels and on earth he summoneth.
eth the whole race of mankind, that they with one voice might send up glory to Christ our God.
The First and Second Finding
of the Venerable Head
of the Forerunner

February 24

Kontakion

Second Mode
"Thou soughtest the heights"

Intonation: #4

Since we have obtained thy head as a most sacred
rose from out of the earth, O Forerunner of grace divine,
we receive sure healings in every hour, O Prophet of God the Lord; for again, now as formerly, thou...
preach-est re-pen-tance un-to all the world.
Allegro

The truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty. O
Fa-ther and Hier-arch Ta-ra-si-us, in-ter-cede with

Christ God that our souls be saved.
Saint Porphyrius
Bishop of Gaza

February 26

Apolytikion

Intonation: #10
Fourth Mode

Allegro

The truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty. O

www.stanthonyssmonastery.org/music/Menaion.htm
Fa-ther and Hier-arch Por-phy-ri-us, in-ter-cede with

Christ____ God that our souls____ be saved.
Saint Photine
the Samartian Woman

February 26

Apolytikion

Intonation: #8

Third Mode
"Thy confession"

Allegro $\downarrow$150

All illumined by the Holy Spirit, thou didst drink with great and ardent longing of the waters Christ Saviour gave unto thee; and with the streams of salvation wast thou refreshed, which thou a-
bountifully gavest to those a thirst. O Great

Mar - tyr and true peer of A - pos - tles, Pho - ti - ne, en -

treat Christ God to grant great mer - cy un - to us.
With the streams of thy tears, thou didst cultivate the barrenness of the desert; and by thy sighings from the depths, thou didst bear fruit a hundred-fold in labours; and thou becamest a luminary.
February 27 - St. Procopius

O sleepless nights, with the singing of psalms,
and with standing which lasts from one day to the next!

O David, only for these faithful souls [the nuns],
have you not sung too long!

-St. Gregory of Nazianzus
Saint Basil
Fellow Ascetic of St. Procopius

February 28

Apolytikion

Intonation: #1

First Mode

Allegro \( \frac{4}{\text{4}} \) 150

D

Thou didst prove to be a citizen of the desert, an angel in the flesh, and a wonder-worker,
O Basil, our God-bearer Father.

By fasting, vigil, and prayer thou didst obtain...

www.stanthonyssmonastery.org/music/Menaion.htm
heavenly gifts, and thou healest the sick

and the souls of them that have recourse to thee with faith.

Glory to Him that hath given thee strength.

Glory to Him that hath crowned thee. Glory to

Him that worketh healings for all through thee.
Saint John Cassian

February 29

Apolytikion

Intonation: #25

Plagal Fourth Mode

O__ Fa - ther; for tak - ing up thy cross, thou didst fol - low Christ, and by thy deeds thou didst teach us to o - ver - look__ the__ flesh, for it pass - eth a - way, but

In thee the im - age was pre - served with ex - act - ness,

Ἐν σοί Πάτερ ἁκριβῶς

www.stanthonyosmonastery.org/music/Menaion.htm
When, therefore, they [the monks of Egypt]
come together to conduct the aforementioned services,
which they call *synaxes*, all maintain such silence that even though
so great a number of brethren assemble, one would believe
no man to be present except he who rises
in their midst to sing the psalm.

- St. John Cassian