



BLESSED ARE THEY WHOM YOU HAVE CHOSEN

Communion Hymn for Saturdays

Briefer Melodies

adapted from Hieromonk Gregory
of Simonos Petras Monastery

Duration: 2:00

Plagal First Mode

Ἦχος λ̣ π̣ ᾠ Πα

χ̣ 76

π̣
q

B less - - - - - ed _____ are _____

_____ they _____

whom You have _____ cho - - - - sen _____ and _____

_____ have _____ tak - - - en _____ to _____

_____ Your - - self, _____ O _____ Lord, _____

(Note: The above text is accompanied by musical notation in the Plagal First Mode, including various rhythmic signs and melisma symbols like '4', 'x', and 'q'.)

and their re- mem - - - - brance _____ is _____

_____ from _____ gen - er - a - - tion to gen-er - - - - a - -

- - - tion. _____ Al- le- lu - - - - i- - -

- - - - a. _____

PSALMODY IN A CROWDED CONGREGATION IS ACCOMPANIED BY CAPTIVITY AND WANDERING OF THE THOUGHTS; BUT IN SOLITUDE, THIS DOES NOT HAPPEN. HOWEVER, THOSE IN SOLITUDE ARE LIABLE TO BE ASSAILED BY DESPONDENCY, WHEREAS IN CONGREGATION THE BRETHERN HELP EACH OTHER BY THEIR ZEAL.

—ST. JOHN OF THE LADDER

