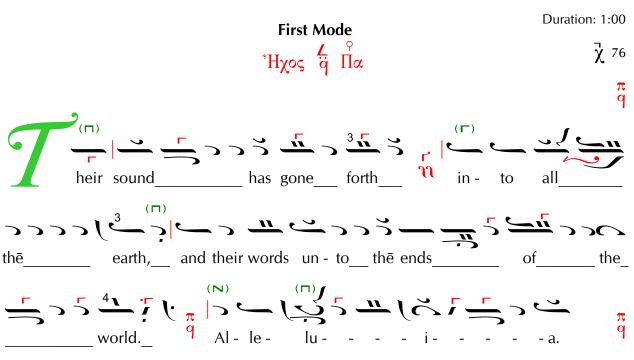


THEIR SOUND HAS GONE FORTH

Communion Hymn for Thursdays and Feast Days of the Apostles

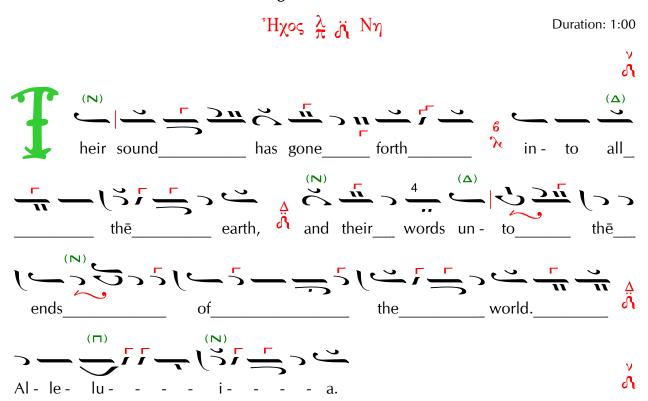
Briefer Melodies

adapted from Hieromonk Gregory of Simonos Petras Monastery





Plagal Fourth Mode



"When you have children, teach them music. But, of course, real music—angelic, not dances and songs.

Music assists the development of the perception of spiritual life. The soul becomes refined. It begins to understand spiritual music as well."

-St. Barsanuphius of Optina