



# THE TYPICA

## First Stasis - Psalm 102

### Plagal First Mode

adapted from Hieromonk Hierotheos  
of Philotheou Monastery

Duration: 4:15

Ἦχος λ̣ π̣ ᾠ Πα

Ⲅ 190

π  
q



<sup>(π)</sup>  
Bless the Lord, O my soul; bless-ed are You, O Lord. Bless the

<sup>(Δ)</sup> Lord, O my soul, and all that is with - in me bless His ho-ly name. <sup>(π)</sup>

2 Bless the Lord, O my soul, and for - get not all that He

has done for you, <sup>(π)</sup>

3 Who is gra - cious un - to all your in - iq - ui - ties, Who heals all

your in - fir - mi - ties, <sup>(π)</sup>

4 Who re - deems <sup>(Π)</sup> your life <sup>(Δ)</sup> from cor - rup - - tion, <sup>(Κ)</sup> Who crowns\_ you with mer - cy <sup>(Δ)</sup> <sup>(Π)</sup>

and com - pas - - sion, <sup>(Π)</sup>

5 Who ful - fills your de - sire \_\_\_\_\_ with good \_\_\_\_\_ things; <sup>(Π)</sup> your youth <sup>(Δ)</sup>

shall be re - newed as thē ea - - gle's. <sup>(N)</sup> <sup>(Π)</sup>

6 The Lord per - forms\_ deeds\_ of mer - - cy, <sup>(Π)</sup> and ex - e - cutes\_ <sup>(Δ)</sup>

judg - ment for all them that are wronged. <sup>(Π)</sup>

7 He has made His ways known un - to Mo - - ses, <sup>(N)</sup> <sup>(Π)</sup> un - to the sons of <sup>(Π)</sup>

Is - - ra - el the things that He has willed. <sup>(Π)</sup>

8 Com - pas - sion - ate and mer - ci - ful is the Lord, <sup>(Π)</sup> long - suf - fer - ing <sup>(Δ)</sup>

and plen - te - ous in mer - - cy; <sup>(Π)</sup> not un - to the end will He be an - gered, <sup>(K↓)</sup>

(Π) (N) (Π)  
 nei-ther un - to e - ter - ni - ty\_\_ will He\_\_ be wroth. π 9



9 (Π) (K) (Π)  
 Not\_\_ ac-cord-ing to our in - iq - ui - ties has He dealt\_\_ with us, π 9


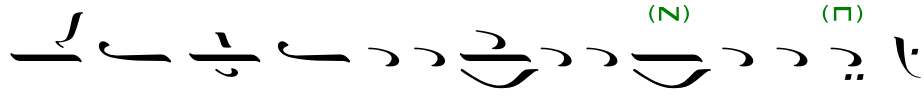
(Δ) (Π) (N) (Π)  
 nei-ther ac-cord-ing to our sins has He re - ward - - ed us. π 9

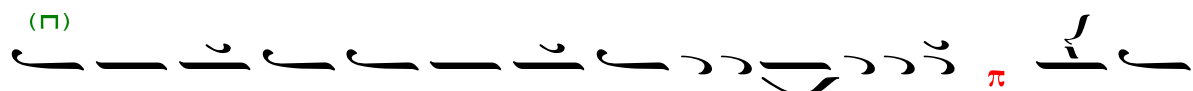

10 (Π) (Δ) (Π) (N) (Π)  
 For ac - cord - ing to the height of heav - en from the earth, the Lord  
 has made His mer - cy to pre-vail o - ver them that fear\_\_ Him. π 9

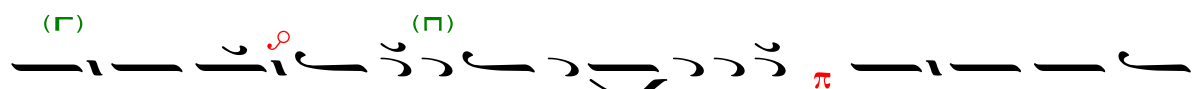

11 (Π) (Δ) (Π)  
 As far\_\_ as the east is from the west, so far has He re-moved  
 our in - iq - ui - ties from us. π 9


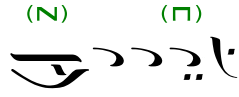
12 (Π) (Δ) (Π) (N) (Π)  
 Like a fa - ther has com - pas - sion up-on\_\_ his sons, π 9 so  
 has the Lord had com - pas - sion up - on\_\_ them that fear\_\_ Him; π 9 for He  
 knows where - of we are made, He has re - mem-bered that we are dust. π 9

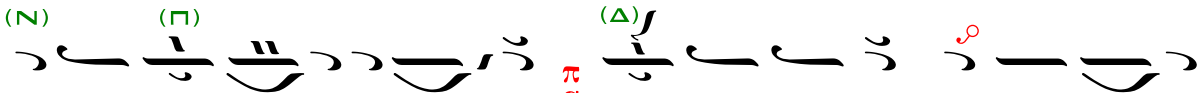

13 <sup>(□)</sup>  As \_\_\_ for man, <sup>χ</sup> <sup>♂</sup> his days are as \_\_\_ the grass; <sup>χ</sup> <sup>♀</sup> as a flow - er of the field,  
<sup>(N)</sup> <sup>(□)</sup>  so shall he blos - - som forth. π  
9


14 <sup>(N)</sup> <sup>(□)</sup>  For when the wind is passed o - ver it, then it shall \_\_\_ be gone, π  
9  
<sup>(N)</sup> <sup>(□)</sup>  and no lon - ger will it know \_\_\_ the place \_\_\_ there-of. π  
9

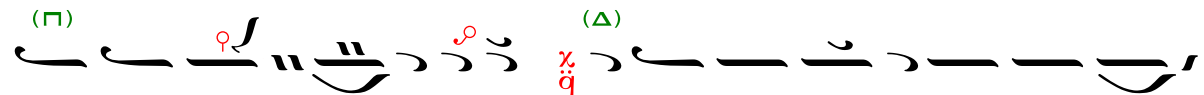

15 <sup>(□)</sup>  But the mer - cy of the Lord is from e - ter - - ni-ty, π  
9 e - ven  
<sup>(N)</sup> <sup>(□)</sup>  un-to e - ter - - ni-ty, up- on them that fear \_\_\_ Him. π  
9



16 <sup>(□)</sup>  And His right - eous-ness is up - on sons \_\_\_ of sons, π  
9 up - on them that  
<sup>(N)</sup> <sup>(□)</sup>  keep His tes - - ta-ment <sup>χ</sup> <sup>♀</sup> and re - mem-ber His com-mand-ments to do \_\_\_ them.



17 <sup>(□)</sup>  The Lord \_\_\_ in heav-en has pre-pared His throne, <sup>χ</sup> <sup>♀</sup> and His king-dom rules  
<sup>(N)</sup> <sup>(□)</sup>  o - - ver all. π  
9


18  Bless the Lord, all you His an - - gels, might - y in strength, that per - form  
 His word, to hear the voice of His words. π ρ

19  Bless the Lord, all you His hosts, His min - - is - ters that do His will. π ρ

20  Bless the Lord, all you His works, in ev - 'ry place of His do - min -  
 ion. Bless the Lord, O my soul. π ρ

21  Glo - ry to the Fa - - - - - ther, and to the Son, and to the Ho -  
 ly Spir - - it; π ρ

22  Both now and ev - er, and un - to the a - - - ges of  
 a - - - - ges. A-men. π ρ

23  Bless the Lord, O my soul, and all that is with - in me, bless

— His — ho - ly Name; bless - - ed — are — You, — O — Lord. —

