

First Stasis - Psalm 102
Plagal Fourth Mode
adapted from traditional Athonite melody
as written by Hieromonk Hierotheos of Philotheou Monastery
Duration: 4:15


[^0]

heals $\qquad$ all your in-fir-mi-ties,


Who re-deems your life from cor-rup - - dion, Who crowns_ you with

$5 \underbrace{\text { de- }}_{\text {Who fut - fills your }}<\underbrace{\sim}_{\text {sire____ with good___things; your youth__ }}$

shall be re-newed__ as thē ea- - - gie's.

$$
\ggg \ggg \ggg \ggg \gg
$$

_ judg-ment for all them that are wronged.

sons of Is - ra -el the things that He has willed.
 Com - pas-sion- ate and mer-ci-ful is the Lord, long-suf- fer - ing
 and plan - te-ous in men- - ty; ${ }^{9}$ not un - to thē end___ will He be an -



us, 9 nei-ther ac- cording to our sins has He re-ward-ed us.
 For ac - cord - ing to the height__ of hear - en from the earth,
 the Lord has made His mar - dy to pre-vail o- - vert them that fear Him. or


$\qquad$ has He re-moved our in- iq- ui-ties from us.
(N)


 __knows where - of we are made, He has re-mem--bered that___ we are
dust.



 gone, and no lon - ger will it know the place there-of.


to e - ter - ni - ty, up - on them that fear_ Him.




to do__ them.
$v$
$o$


 Bless the Lord, all you His an-gels, might-y in strength, that per-form_

_ His word, to hear the voice of His words.


 $\min )^{-}-$ion. $\lambda e$ Bless the__ Lord,__O my soul.

$\rightarrow$ に
Spin - it;

$\ggg$
gens. A-men.


__me, ${ }^{\Delta}$ bless His ho- ly Name; ${ }^{\delta}$ blessed are You, O Lord.___

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l e \underset{r}{e^{\ulcorner }} e^{\checkmark}
$$

A psalm consoles the sad, restrains the joyful, tempers the angry, refreshes the poor and chides the rich man to know himself. To absolutely all who take it, the psalm offers an appropriate medicine; nor does it despise the sinner, but presses upon him the wholesome remedy of penitential tears.


[^0]:    * On the Holy Mountain (and in Slavic countries) the Typica are chanted every Sunday, except on Sundays that fall between a feast day of the Lord and its leave-taking. The first stasis (Psalm 102, LXX) is chanted instead of the First Antiphon: "Through the intercessions of the Theotokos. . . ." The second stasis (Psalm 145) is chanted instead of the Second Antiphon: "Save us, O Son of God. . . ." The third stasis of the Typica is the Beatitudes, which are chanted as verses for the appropriate hymns of the day.

