

Plagal First Mode

adapted from Hieromonk Gregory of Simonos Petras Monastery

Ἦχος λ̣ π̣ ἴ̣ Πα

Ⲡ 160

π
q

Bless - - ed ^(π) be the name ^{π q} of the Lord ^{π q} hence-forth and

³ for - ev - er - more. π
q

First Choir: ^{(M) (K)} Bless-ed be the name of the Lord π
q

Second Choir: ^(K) hence - - - - forth ^(π) and for - ev - - er - - more. ^{(N) (π)} π
q

When the day is over, the vendor sits down and counts his profits;
but the worker of virtue does so when the psalmody is over.
—St. John of the Ladder