Praise the Lord, O Jerusalem

Communion Hymn for Thomas Sunday
Third Mode

Virtually all know the words of this psalm and they continue to sing it at every age, without knowing, however, the sense of what has been said. This is not a small charge, to sing something every day, putting forth words from the mouth, without searching out the meaning of the thoughts residing in the words.

—St. John Chrysostom, On Psalm 140