



He Hath Sent Redemption

Communion Hymn for December 25th
The Nativity of Christ

First Mode

adapted from Hieromonk Gregory
of Simonos Petras Monastery

Duration: 1:00

76

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Alternate Melody

Third Mode

Duration: 1:00

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He who is not alone but is with others,
 cannot derive so much benefit from psalmody
 as from internal prayer; for the confusion of voices
 renders the psalms indistinct.

—St. John of the Ladder