Blessed are they whom Thou hast chosen

Communion Hymn for Saturdays

Briefer Melodies
adapted from Hieromonk Gregory of Simonos Petras Monastery

Plagal First Mode

Duration: 2:00

'Hχος λ ι ϖ Πα

Blessed are they whom Thou hast chosen

Thy self, O Lord,
Psalmody in a crowded congregation is accompanied by captivity and wandering of the thoughts; but in solitude, this does not happen. However, those in solitude are liable to be assailed by despondency, whereas in congregation the brethren help each other by their zeal.

—St. John of the Ladder
Plagal First Mode

ZHΧΩς Λ Ω Πα

Blessed are They

who Thou hast chosen and hast taken to Thyself, O Lord, and their remembrance is from generation to generation.

Alleluia.