Praise the Lord

Communion Hymn for Sunday
Brief Versions in All Eight Modes

adapted from Hieromonk Gregory
of Simonos Petras Monastery

First Mode

raise_______________________Ì ƒthe__________     ƒpraise  ƒthe   ƒLord___________________________________________ÌÌ
____________      from the   ƒheav -     -     -      ens.________________________Ì             ƒAl -

Duration: 3:00
The book of psalms uproots the passions with a certain melodic enjoyment and a delight that instills pure thoughts.

—St. Basil the Great
Communion Hymn - Sunday - Praise the Lord

Third Mode

מרים Γα

raise the Lord

from the heavens.

Al-le-lu-ia.

SIMONOS PETRAS MONASTERY
The virtue of silence, especially in church, is very great . . .

Is anything more unbecoming than the divine words should be so drowned by talking, as not to be heard, believed, or made known, that the sacraments should be indistinctly heard through the sound of voices, that prayer should be hindered when offered for the salvation of all?

—St. Ambrose of Milan
Plagal First Mode

raise_____________________________         Ì the___________Ì Lord___________Ì
_________________________________Ì      Ì  from   Ì from the heav -     -     -     -     -     -  Ì ens
_______________________________________________________________  Ì  from________Ș the heav -     -     -     -     -     -     -     -    ens.______________________________  Ì  Al - le - lu - i - - - - a._____________________________
Let the servant of God

sing in such a manner that

the words of the text rather than

the voice of the singer cause delight.

—St. Jerome
Grave Mode (Diatonic)

Ἡχὸς ἑβρύς  Ω

Praise______________________Ì  praise______________________Ì  the Lord______
from the______ heav________
ens,  from_________________ÌÌ  the heav________
ens.  Al- le- lu- - - - - i- - - - a._
_________________Ì
When we are weighed down by deep despondency,
we should for a while sing psalms out loud,
raising our voice with joyful expectation
until the thick mist is dissolved
by the warmth of song.

—St. Diadochos of Photiki