

## CHERUBIC HYMN

## **Fourth Mode**

adapted from Hieromonk Gregory of Simonos Petras Monastery

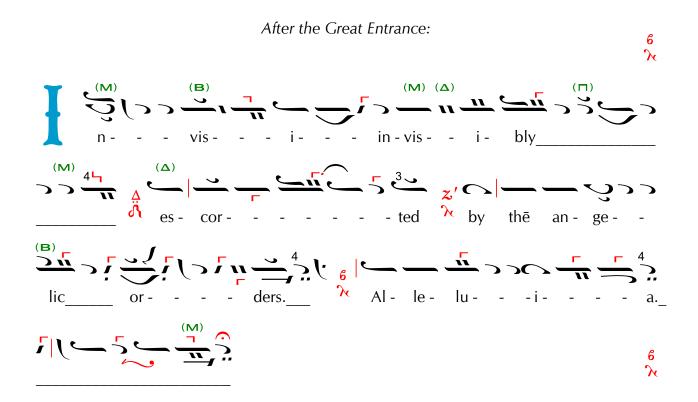
Duration: 3:30 + :20 + 1:00

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and chant the thrice - ho - - -- ly\_\_\_\_ hymn\_\_\_\_ to the life - - giv - - - -Trin - - - - - i - ty now lay a - - - side\_\_\_\_\_ 7 ev - 'ry " > 2 - " 3 earth - - - - - ly care earth - - - 'ry earth-ly care,\_\_\_ hat we\_\_ may\_\_ re-ceive the King\_\_\_\_ of\_\_ all\_\_\_



When you approach a king, you stand before him bodily, entreat him orally, and fix your eyes upon him, thus drawing to yourself his royal favour. Act in the same manner, whether in church or in the solitude of your cell. When in God's name you gather together with the brethren, present yourself bodily to God and offer Him psalms chanted orally; and likewise keep your intellect attentive to the words and to God Himself, aware of whom it is that your intellect addresses and entreats. For when the mind devotes itself to prayer actively and with purity, the heart is granted inexpressible peace and a joy which cannot be taken away.

—Theoliptos, Metropolitan of Philadelphia (from the *Philokalia*)