



# THE TYPICA

## Second Stasis - Psalm 145

### Plagal First Mode

adapted from traditional Athonite melody  
as written by Hieromonk Hierotheos of Philotheou Monastery

Duration: 3:00

Ἦχος λ̣ π̣ ᾠ̣ Πα

Χ̣ 200



lo - - - ry to the Fa - ther, and to the Son, and to

the Ho-ly Spir - - it; Praise the Lord, O my soul. I will praise the

Lord in my life, I will chant un - to my God for as long as I

have my be - - ing.

2

Trust ye not in prin - - ces, in the sons of men, in whom there is no

π̣  
q̣

π̣  
q̣

— sal - va - - tion.

π  
9

3

(π) His spir - it shall go \_\_\_\_\_ forth, and he shall \_\_\_\_\_ re - turn un - to

his earth.

π  
8

4

(π) In that day all his thoughts shall per - - ish.

π  
8

5

(π) Bless - - ed is he of whom \_\_\_\_\_ the God of Ja - cob is his help,

π  
9

whose hope \_\_\_\_\_ is in \_\_\_\_\_ the Lord \_\_\_\_\_ his God,

π  
9

6

Who hath made \_\_\_\_\_ heav - - en and thē earth, the sea \_\_\_\_\_ and all \_\_\_\_\_

that is \_\_\_\_\_ there-in,

π  
9

7

(π) Who keep - eth truth \_\_\_\_\_ un - to e - ter - ni - ty, <sup>π</sup> Who ex -

ec - u - teth judg - ment for \_\_\_\_\_ the wronged, Who giv - - eth food un - to the

hun - - gry. π  
q

8 The \_\_\_ Lord \_\_\_ loos - - eth the fet - - - tered; the Lord \_\_\_

mak - - eth wise \_\_\_ the blind; the Lord set - teth a - right the fall - -

en; the Lord lov - - eth the right - eous; the Lord \_\_\_ pre-serv-eth the

pros - - e - lytes. π  
q

9 He shall a - dopt for His own thē or - - phan and wid - - - ow,

and the way of sin - ners shall He de - stroy. π  
q

10 The Lord \_\_\_ shall be king un-to e - ter - ni - ty; thy God,

O Si - - on, un-to gen - er - a - - tion and gen-er - a - - tion. π  
q

11 Both now \_\_\_ and \_\_\_ ev - - - er, and un - to thē \_\_\_

Typica - Second Stasis - Plagal First Mode

(Π) a - - ges of a - - - - ges. A - - men. π

(M) (Π) n - - ly - be - got - ten Son and Word of God, Thou Who art π

(Δ) im - mor - - tal, π and didst con - de - scend for our sal - va - tion to be -

(Π) (Δ) (Π) come in - car - - nate π of the ho - ly The - o - to - - kos π and ev - er -

(M) vir - gin Mar - - y, with - out change be - com - ing man, π Who wast

(Δ) (Π) (K↓) cru - ci - fied, O Christ our God, π by death tram - pling down up - on

(Π) (K) (Π) death: π Thou Who π art one of the Ho - ly Trin - - i - ty, π

(K) (Π) glo - ri - fied with the Fa - ther π and with the Ho - ly Spir - - it, π

(K↓) (Π) save us. π

