Bless the Lord, O my soul; blessed art Thou, O Lord. Bless the Lord, O my soul, and all that is within me bless His holy name.

Bless the Lord, O my soul, and forget not all that He hath done for thee,

Who is gracious unto all thine iniquities, Who healeth all thine infirmities,
Typica - First Stasis - Plagal First Mode

4

Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion,

5

Who fulfill eth thy desire with good things;

thy youth shall be renewed as the eagle's.

6

The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged.

7

He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed.

8

Compassionate and merciful is the Lord, long-suffering and plentiful in mercy; not unto the end will He be angered,
neither unto eternity will He be wroth.

Not according to our iniquities hath He dealt with us,

neither according to our sins hath He rewarded us.

For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him.

As far as the east is from the west, so far hath He removed our iniquities from us.

Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust.
As for man, his days are as the grass; as a flow-er of the field,
so shall he blos-som forth.

For when the wind is passed over it, then it shall be gone,
and no lon-ger will it know the place there-of.

But the mer-cy of the Lord is from e-ter-
i-ty,
un-to e-ter-
i-ty, up-on them that fear Him.

And His right-eous-ness is up-on sons of sons, up-on them that
keep His tes-ta-ment and re-mem-ber His com-mand-ments to do them.

The Lord in heav-en hath pre-pared His throne, and His king-dom rul-eth
o-ver all.
Bless the Lord, all ye His angels, that perform His word, to hear the voice of His words.

Bless the Lord, all ye His hosts, His ministers that do His will.

Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul.

Glory to the Father, and to the Son, and to the Holy Spirit;

Both now and ever, and unto the ages of ages. Amen.

Bless the Lord, O my soul, and all that is within me, bless...
His holy Name; blessed art Thou, O Lord.