

## THE TYPICA

First Stasis - Psalm 102

## **Plagal First Mode**

adapted from Hieromonk Hierotheos of Philotheou Monastery

 $^{3}$ H $\chi$ o $\lesssim \frac{\lambda}{\pi}$   $\ddot{q}$   $\Pi\alpha$ 

Duration: 4:15

χ 190

q

 $\frac{\pi}{q}$ 



less the Lord, O my soul; bless-ed art Thou, O Lord. Bless the

Lord, \_\_ O\_\_ my soul, and all that is with - in \_\_ me\_bless His ho-ly name.

Bless the Lord, O my soul, and \_\_\_\_ for - get \_\_\_\_ not \_ all \_ that He

hath done for thee,

(M) (П)

Who is gra- cious un - to all thine in - iq - ui - ties, Who heal - eth

all thine in - fir- mi-ties,



