

He Has SENT REDEMPTION

Duration: 1:00

Communion Hymn for December 25th The Nativity of Christ

Intonation: #1

Adagio $\text{♩} = 76$

First Mode

by Hieromonk Gregory
of Simonos Petras Monastery

A

He has sent re - demp - - -
 Λυ - - - τρω - - - σιν α - πε - - -
 Lee - - - tro - - - seen ah - peh - - -

- - - tion un - to His
 στει - λε - - - (νε) τω λα - ω αυ -
 stee - leh - - - (neh) to lah - o af -

peo - - - ple. Al - le - lu - - -
 του - - - (νου) Αλ - λη - λου - - -
 too - - - (noo) Ah - lee - loo - - -

i - - - a.
 ι - - - α.
 ee - ah

Intonation: #8

Duration: 1:00

Alternate Melody
Third Mode

B

He has sent
 Λυ - - - τρω - σιν
 Lee - - - tro - seen

Communion Hymn - Nativity



re - dem - - - - re - demp - - - - tion
α - πε - - - - α - πε - - - - στει - λε
ah - peh - - - - ah - peh - - - - stee - leh



un - to His _____ peo - - - ple. _____
τω λα - ω _____ αυ - του - - - (νου) _____
to lah - o. _____ af - too - - - (nou) _____



Al - le - lu - - - i - - - a. _____
Αλ - λη - λου - - - ι - - - α _____
Ah - lee - loo - - - ee - - - ah _____

”As προσέξωμε ποιὰ εἶναι ἡ γλυκύτης ποῦ δημιουργεῖται μέσα μας, ὅταν ψάλλωμε ἡδονικὰ ἐπηρεασμένοι ἀπὸ τὸν δαίμονα τῆς πορνείας, καὶ ποιὰ προέρχεται ἀπὸ τὰ ἅγια λόγια τοῦ Ἁγίου Πνεύματος καὶ ἀπὸ τὴν μυστικὴ τους χάρι καὶ δύναμι.

-Ἁγίου Ἰωάννου τῆς Κλίμακος (ΙΕ΄ με΄)

Let us examine during psalmody what kind of sweetness comes to us from the demon of fornication and, on the other hand, what kind of sweetness come to us from the words of the Spirit and from the grace and power contained in them.
-St. John of the Ladder (15:49)