

THE TYPICA

Second Stasis Psalm 145

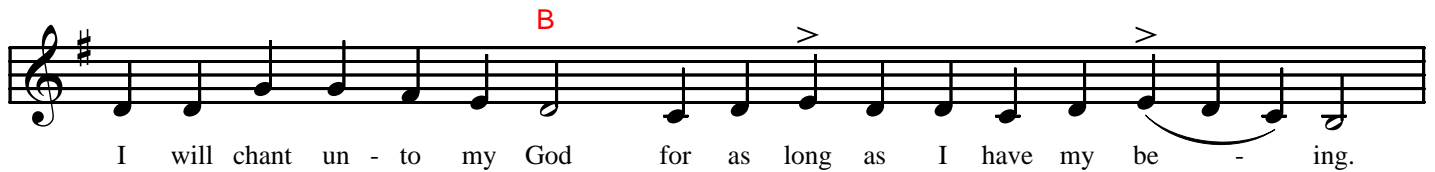
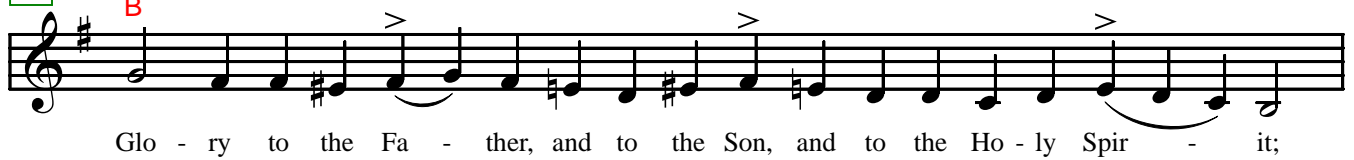
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Grave Mode

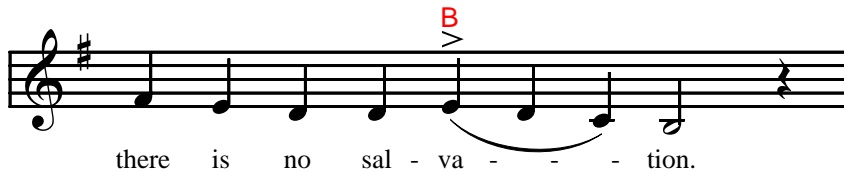
Presto ♩=200

Athonite Melody
English Adaptation by
Hieromonk Ephraim

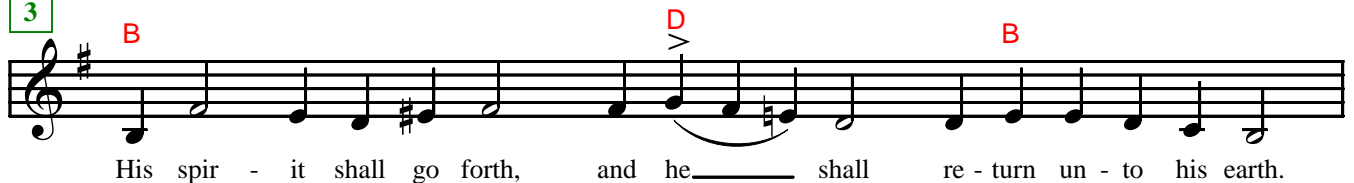
1



2



3

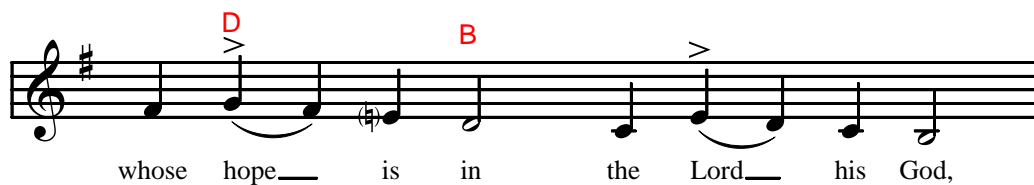
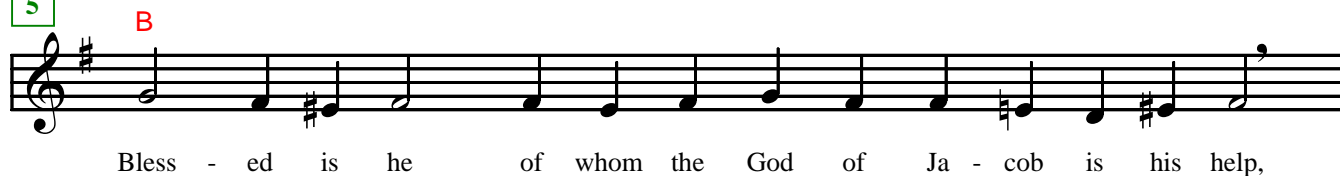


Typica - Second Stasis - Grave Mode

4



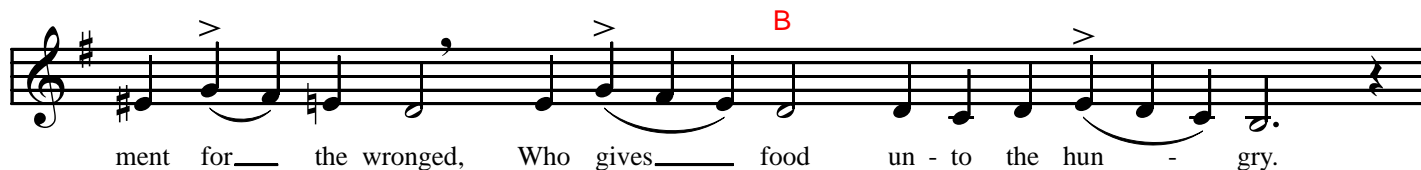
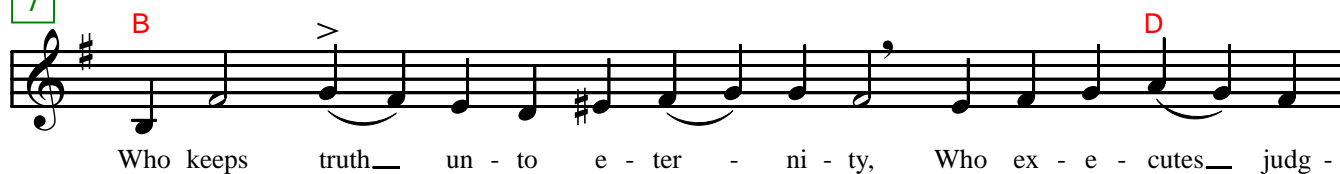
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6



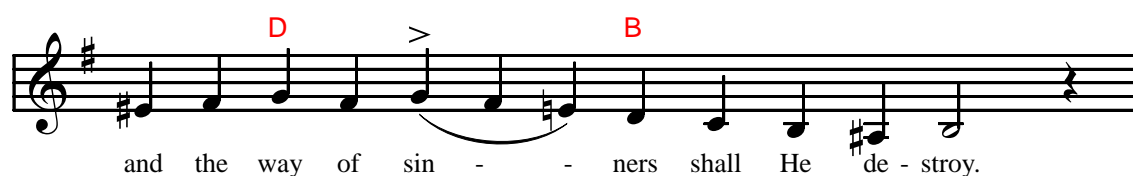
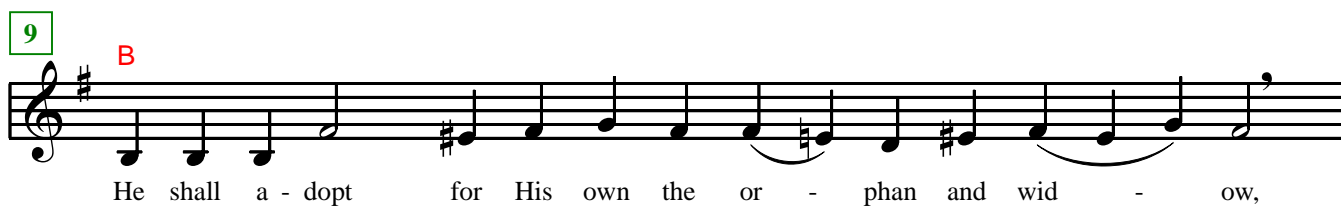
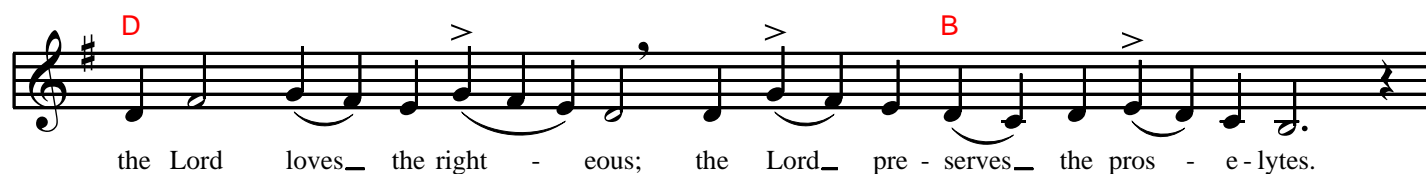
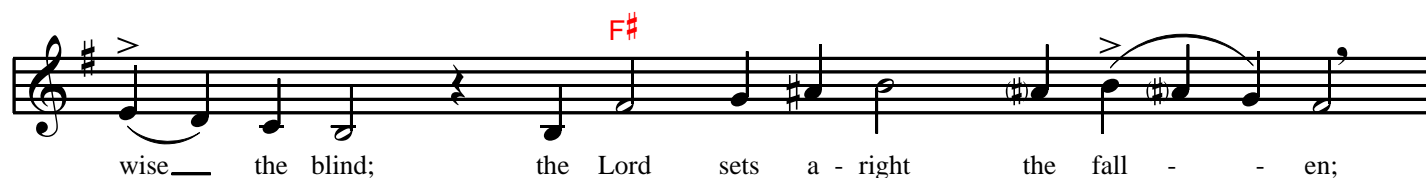
7



8



Typica - Second Stasis - Grave Mode



Allegro ♩=140



Typica - Second Stasis - Grave Mode

Un. B D

and did con - de - scend for our sal - va - tion to be - come in - car - nate of the ho - ly

C D B Un.

The - o - to - kos and ev - er vir - gin Mar - y, with - out change be - com - ing man,

B D C B

Who were cru - ci - fied, O Christ our God, by death tram - pling down up - on death:

D

You Who are one of the Ho - ly Trin - i - ty, glo - ri - fied with the

B Un.

Fa - ther and with the Ho - ly Spir - it, save us.

At all times, but most of all while chanting, let us be still and undistracted.

For through distractions, the demons aim to ruin our prayer.

-St. John of the Ladder